

COENZYME Q10 in Heart Disease and High Cholesterol

Research on Coenzyme Q10 (CoQ10) began in 1957 when it was first isolated from heart mitochondria (energy producing part of the cells). Since then, extensive research has been done around the world. Dr. Peter Mitchell received the Nobel Prize in 1978 for his contribution in understanding CoQ10's role in biological energy transfers. Dr Karl Folkers from Merck received the Priestly Medal from the American Chemical Society in 1986 and the National Medal of Science from President Bush in 1990 for his work in this field. CoQ10 enables the mitochondria –particularly those in the heart to produce ATP (cellular energy). It maintains the hearts ability to produce energy for its important work and has caused significant improvement in congestive heart failure patients. It has also shown potent antioxidant abilities which point to its beneficial use in several diseases from arthritis to AIDS and Cancer. Cholesterol lowering Statin drugs such as Mevacor, Lipitor, Zocor, Crestor and others have been shown to block CoQ10 production, causing a significant harmful effect unless the person takes an oral CoQ10 supplement. For more information on CoQ10 and how to take it, call Larry or Jack or see our website at www.larryspharmacies.com.