

Saliva Hormone Testing in HRT

As hormone replacement evolves, newer, easier and better testing methods develop as well. Saliva hormone testing has been used for many years around the world. It is a subject of controversy among OBGYN professionals. The World Health Organization has endorsed it as the premier testing method for the last 5 years and it clearly has advantages over the old standard blood level studies. Many of the hormones are bound to proteins in the blood which means that even though it is counted in the assay, it is not active. Saliva test values are more closely related to the amount of free unbound active hormone found in the tissues. It is easy to collect (within the first hour of getting out of bed then drop it in the mail). Most insurances do cover the expense and it is half the price of blood tests. Our program offers lab results as well as a written evaluation which gives suggestions to you and your doctor of how to correct any abnormalities. This is helpful for men and women with hormone disorders. For more information, see Larry or Jack at the pharmacy or visit www.larryspharmacies.com.