

Trigger Points and Pain Management

Dr Janet G. Travell M.D. (1901-1997) began her brilliant medical career in 1926. During her schooling, she received the award for having the highest scholastic standing during her four years in medical school. In 1939, she began researching skeletal muscle pain and its treatments. In 1955, then senator John F. Kennedy was referred to her after failing to improve from major back surgeries for problems relating to WWII injuries. She was later appointed Personal Physician to the President for Presidents Kennedy and Johnson. Her work on trigger points and their involvement in generating pain and referring pain to other areas developed into a new way of treating pain with reduced use of the opioids and codeine like substances. For a CD presentation by Dr Hal Blatman who studied with Dr. Travell which discusses pain control, see Larry or visit our website www.larryspharmacies.com