

The Role of Progesterone in Women's Health

Studies over the last 20 years have revealed why Progesterone is so important to women's health. Progesterone directly stimulates the osteoblasts in the bone to lay down new bone matrix, thereby increasing bone density and avoiding osteoporosis. Progesterone is a potent cancer fighter. It does this via 2 different pathways. Progesterone stimulates the sleep center in the brain and allows the woman to sleep better. Progesterone also improves mood swings and balances out the emotions. Progesterone also helps to reduce hot flashes that frequently occur. After menopause, progesterone production almost completely stops. As levels drop, the symptoms above begin to show up. Prescribed Progesterone-like substances called PROGESTINS such as medroxyprogesterone and others have progesterone-like activity but not in all of these areas. They may also make many matters worse. As doctors learn more, many are finding a small daily dose is beneficial. Low dose Progesterone cream is available without prescription. For more information, see Jack or Larry or visit www.larryspharmacies.com.