

Tired of Headaches?

Headaches occur usually from a constant barrage of stress from work or personal commitments without an adequate time taken for rest and rejuvenation. It may also stem from an unhealthy diet. As the condition progresses, the headaches increase in both frequency and intensity. The most debilitating headache is the migraine, which usually forces the person to a dark room away from light and to use strong pain killers. Often, these people end up in the emergency room. The economic impact of frequent migraines can devastate the family budget in terms of medical bills and time lost from work. Often, good preventative measures can be quite helpful. If the sufferer learns to immediately treat the headache right at the onset with the medication the physician prescribes, the pain and severity of the headache is usually diminished significantly. Also, attention to diet, exercise and rest is very important. A high percentage of sufferers are also deficient in Riboflavin (a B Vitamin) and Magnesium. We compound 2 formulas (Premigre & Pain Away) which are usually very helpful in lessening the headaches. These can be purchased without a prescription at our pharmacies. For more information, see Larry or visit our website www.larryspharmacies.com.